

The Impact of Population Bottlenecks on the Social Lives of Microbes

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Abstract

Microbes often live in association with dense multicellular aggregates, especially biofilms, and the construction of these aggregates typically requires microbial cells to produce public goods, such as enzymes and signalling molecules. Public good producers are, in turn, vulnerable to exploitation by free-rider cells that consume the public goods without paying for their production costs. The cell population of a biofilm or other microbial aggregates are expected to pass through bottlenecks due to a wide range of factors, such as antibiotic treatments and dispersal. The goal of this article is to make the case for the relevance of population bottlenecks at shaping the social interactions within microbial aggregates. The effect of bottlenecks on microbial aggregates is complex in that bottlenecks can favor producers under certain circumstances, but not in others. The concept of Volunteer's Dilemma from game theory will be used to motivate the hypothesis that this partly occurs because of how bottlenecks alter the risk of being a producer in a microbial aggregate. Finally, the role of bottlenecks in the microbial world impacts key issues in evolutionary biology, including the importance of ecology at shaping social evolution, and the evolution of multicellularity from unicellular ancestors.

Keywords: microbes – biofilms – public goods – Volunteer's Dilemma – bottlenecks – cooperation – free-riding.

¹ 1 Introduction

² The bacterium species *Pseudomonas aeruginosa* is infamous for causing persis-
³ tent infections in cystic fibrosis patients (Cystic Fibrosis Foundation, 2014). The

4 tenacity of *P. aeruginosa* infections is largely due to its cells forming densely
5 packed groups called “biofilms” that attach to the lungs of cystic fibrosis pa-
6 tients (Fux et al., 2005). Like *P. aeruginosa*, a wide range of microbes can
7 aggregate and form dense multicellular aggregates, such as the slugs built by
8 the amoeba *Dictyostelium discoideum* and spore formation by the myxobac-
9 terium *Myxococcus xanthus* (Crespi, 2001). Accordingly, living in association
10 with dense multicellular aggregates is an integral part of the microbial lifestyle
11 (Hall-Stoodley et al., 2004; Claessen et al., 2014; Flemming et al., 2016; Stacy
12 et al., 2016).¹

13 The multicellular aggregates built by microbes often undergo population
14 bottlenecks, that is, drastic reductions in population size. In particular, popu-
15 lation bottlenecks can occur at different stages of a biofilm life-cycle. Biofilms
16 are typically founded by small surface-attached colonies (Stoodley et al., 2002).
17 For example, studies using enamel chips in humans reveal that the formation
18 of dental plaque, a type of biofilm, starts as sparse aggregates of cells (Palmer
19 et al., 2003; Kolenbrander et al., 2010). Biofilms can even be founded by single
20 cells, as observed by the colonization of *Vibrio cholerae* of the small intestine
21 in infant mice (Millet et al., 2014). Moreover, during their lifetime, biofilms
22 face disturbance events that could reduce the size of an aggregate because of
23 a series of factors, such as antibiotics (Anderl et al., 2000; Nickel et al., 1985;
24 Stewart and Costerton, 2001), UV radiation (Elasri and Miller, 1999), and pro-
25 tozoan predators (Matz and Kjelleberg, 2005). Population bottlenecks can also
26 occur after a biofilm matures. In particular, clumps of cells can shed from the
27 biofilm due to mechanical processes, such as fluid shear (Stoodley et al., 2001;
28 Hall-Stoodley et al., 2004). Finally, bottlenecks are expected to occur when
29 pathogens infect a new organism due to host defenses and resource limitation
30 (Abel et al., 2015). Different lines of evidence thus suggest that population
31 bottlenecks are common in the microbial world.²

¹Microbes can form multicellular structures in different ways (Claessen et al., 2014). Cells might fail to completely separate after cell division as in the case of filamentous cyanobacteria. Alternatively, microbial clusters can be partially formed via the aggregation of different cells as illustrated by biofilms and slime molds. The expression ‘microbial aggregate’ is being used to emphasize that this article focuses on microbial groups formed via aggregation.

²As the examples in this paragraph illustrate, the narrowing due to a bottleneck event is a matter of degree in the sense that a bottleneck can reduce a population to a single cell (e.g., *Vibrio cholerae* infections) or to multiple cells (e.g., clumping dispersal in biofilms). For this reason, the experiments discussed in this article often describe bottlenecks in relation to a reference population; that is, as the fraction of cells from a reference population that managed to pass through the bottleneck. Moreover, as it will be discussed in the next section, the degree of narrowing due to a bottleneck is crucial for determining whether cooperators or free-riders will be favored.

32 Studying the effect of population bottlenecks in microbial aggregates can
33 impact foundational issues in social evolution. Population bottlenecks illustrate
34 how feedback loops between ecological dynamics and evolutionary dynamics can
35 affect social evolution (Post and Palkovacs, 2009; Moreno-Fenoll et al., 2017;
36 Sanchez and Gore, 2013). More specifically, bottleneck events might partly
37 explain why genes that encode social traits may exhibit high variability (Greig
38 and Travisano, 2004; Dimitriu et al., 2014), why cooperators and free-riders
39 often coexist within microbial groups (Archetti and Scheuring, 2011; Damore
40 and Gore, 2012), and how the transition to multicellularity might have evolved
41 (van Gestel and Tarnita, 2017). Finally, given that many pathogens live in dense
42 multicellular aggregates (Hall-Stoodley et al., 2004), understanding the social
43 interactions within such aggregates might enable the more efficient targeting of
44 unfriendly microbes (Boyle et al., 2013).

45 This article is divided into three sections. The first section makes the case
46 for the relevance of population bottlenecks in shaping social interactions within
47 microbial cell aggregates. Experiments involving different types of microbes in-
48 dicate that bottlenecks can affect the level of cooperation between cells (Brock-
49 hurst, 2007; Greig and Travisano, 2004; Chuang et al., 2009), and exert lasting
50 effects in the evolution of microbial cell aggregates (van Gestel et al., 2014;
51 Kreft, 2004; Dai et al., 2012; Vogwill et al., 2016). The second section is more
52 speculative and suggests a partial account of how population bottlenecks could
53 affect the level of cooperation within microbial aggregates. The concept of Vol-
54 unteer’s Dilemma from game theory (Archetti, 2009a; Diekmann, 1985) will be
55 used to motivate the hypothesis that population bottlenecks can alter the risk of
56 being a cooperator. According to this hypothesis, when the size of an aggregate
57 decreases because of a bottleneck, cooperators may be favored because not as
58 many cells can afford to free-ride on other cells without causing the aggregate
59 to break apart. However, if the reduction in the aggregate size is too extreme,
60 cells have an incentive to free-ride because living in a multicellular aggregate is
61 no longer beneficial. The final section summarizes some of the main points of
62 this article.

63 2 How population bottlenecks impact social evo- 64 lution

65 2.1 Population bottlenecks in the lab

66 Microbial consortia such as *P. aeruginosa* biofilms are well-known for their
67 persistence and for their ability to reoccur in different environments (Costerton
68 et al., 1999; Folkesson et al., 2012). The resilience of microbial aggregates is
69 enhanced by the ability of their cells to produce public goods, such as enzymes
70 and signalling molecules, which are costly to produce but enhance the fitness of
71 neighboring cells (Hall-Stoodley et al., 2004; De Kievit and Iglewski, 2000; Greig
72 and Travisano, 2004). However, the production of public goods is vulnerable
73 to exploitation by free-riders, i.e., cells that consume the public goods without
74 paying for their production costs (West et al., 2007). A well-known system that
75 illustrates the social conflict between producers and free-riders is the production
76 of adhesive polymers by the bacterium *Pseudomonas fluorescens* (Rainey and
77 Rainey, 2003; MacLean et al., 2004). When growing in a glass of broth, *P.*
78 *fluorescens* cells produce a polymer that allow them to stick together and form
79 biofilms at the air-broth interface which improves their access to oxygen. This
80 polymer is a public good: its production has a metabolic cost for producer cells,
81 but it generates a collective benefit (i.e., better access to oxygen). However, a
82 strain of *P. fluorescens* can evolve from producer cells through mutations that
83 can inhabit a biofilm without producing the costly polymer. The cells in this
84 strain are free-riders: they reap the benefits of being part of a biofilm without
85 paying the construction costs.

86 In order to examine how population bottlenecks affect social evolution, Brock-
87 hurst et al. (2007) subjected *P. fluorescens* cells to periodic disturbances (the
88 system was disturbed every one, two, four, and eight days over a 16 day period).
89 The disturbance treatments were designed to emulate mass-mortality events
90 that bacteria face in the wild, and they consisted of discarding about 99.9% of
91 the population each time ($\sim 10^6$ cells remained after each treatment). Accord-
92 ingly, disturbances in this experiment were artificial population bottlenecks. It
93 was observed that as the disturbance frequency increased, the proportion of pro-
94 ducers increased to a certain point; past this point, increasing the disturbance
95 frequency caused the proportion of producers to diminish. In short, Brock-
96 hurst et al. (2007) observed that the frequency of cooperators in *P. fluorescens*
97 biofilms peaked at an intermediate disturbance frequency (i.e., one bottleneck

98 every four days). Further experiments illustrated that population bottlenecks
99 can affect the level of cooperation of different species of bacteria, including *P.*
100 *aeruginosa* (Ross-Gillespie et al., 2009) and *Escherichia coli* (Chuang et al.,
101 2009).

102 In addition to bacteria, the relevance of population bottlenecks to social
103 evolution has also been observed in the budding yeast *Saccharomyces cerevisiae*.
104 Yeast cells digest sucrose outside of the cell by secreting the enzyme invertase.
105 Like the adhesive polymer produced by *P. fluorescens* cells, invertase is a public
106 good: producer cells have a lower growth rate relative to nonproducers cells, and
107 approximately 99% of the digested sugars diffuse away from the producer cells
108 (Gore et al., 2009). This makes a group of invertase producers vulnerable to
109 exploitation by free-rider cells that consume the digested sugars while producing
110 little or no invertase (Greig and Travisano, 2004). In well-mixed populations
111 of producers and free-riders, it was observed that cell density can significantly
112 affect the relative fitness of producers (Sanchez and Gore, 2013).

113 Population bottlenecks are an integral part of the microbial lifestyle because
114 of how microbial aggregates are formed and the fact that microbes often live
115 in harsh environments. The laboratory experiments discussed in this section
116 provide evidence that population bottlenecks can affect the level of cooperation
117 in eukaryotes and bacteria. The next section takes a closer look at the potential
118 limitations of the reviewed laboratory experiments on population bottlenecks.

119 **2.2 The utility and limitations of studying bottlenecks in** 120 **lab settings**

121 The insights generated by the experiments cited in the previous section are
122 largely due to the fact that the effect of population bottlenecks were measured
123 under artificial conditions. This allowed different variables to be manipulated,
124 such as the the frequency and the degree of narrowing due to bottleneck events.
125 However, the simplifications made by these experiments are also limiting in
126 that they open the possibility that the effect of population bottlenecks on social
127 evolution might be less pronounced under more natural settings.

128 It should be noted, however, that the laboratory experiments vary in how
129 contrived they are. Specifically, a series of laboratory experiments have stud-
130 ied the effect of population bottlenecks under different ecological circumstances.
131 The effect of population bottleneck on the level of cooperation in *P. fluorescens*
132 biofilms reported in Brockhurst et al. (2007) persists when food supply is manip-

133 ulated (Brockhurst et al., 2010), and when *P. fluorescens* cells grow in hetero-
134 geneous environments (Buckling et al., 2000). Similarly, in yeast populations,
135 population bottlenecks can favor cooperators (invertase producers) when the
136 population is structured in such a way that cooperators remain closer together
137 (MacLean et al., 2010), or when population bottlenecks are a result of compe-
138 tition with another species (Celiker and Gore, 2012). Accordingly, there exists
139 evidence that population bottlenecks might affect social interactions across dif-
140 ferent ecological settings.

141 Yet, there is still the question of how the conditions in the laboratory ex-
142 periments compare with the conditions microbes face in the wild. Studying
143 bottlenecks in the wild is challenging partly because of how difficult it is to
144 specify when, where, and how a bottleneck event occurred. Nevertheless, dif-
145 ferent methods have been used to study bottlenecks in more natural settings,
146 including the introduction of genetic markers to infer the size of bottlenecks
147 after they occurred (Abel et al., 2015), and the direct monitoring of bacteria
148 during infection (Millet et al., 2014). Still, laboratory studies are particularly
149 instructive for identifying ecological variables that might modulate the impact
150 of population bottlenecks in the wild. The reviewed experiments reveal that the
151 effect of bottlenecks on social evolution depends upon different factors, includ-
152 ing the size and the frequency of bottleneck events. Moreover, they show that
153 the effect of population bottlenecks on social evolution is also complex in that
154 bottlenecks can favor producers under certain circumstances but not in others.
155 In short, laboratory experiments illustrate the different ways bottlenecks can
156 influence social interactions among microbes, but further empirical work would
157 be required for a broader understanding of how bottlenecks impact microbial
158 populations in more natural settings.

159 **2.3 Population bottlenecks in a broader context**

160 Different lines of evidence indicate that environmental disturbances can affect
161 the propensity of organisms to form social groups (Bourke, 2011, ch. 4). For
162 example, a comparative study involving distinct species of starlings shows that
163 cooperative breeding is positively correlated with semi-arid savanna habitats
164 and environments with temporally variable rainfall (Rubenstein and Lovette,
165 2007). As Rubenstein (2011) suggests, cooperative breeding in starlings might
166 be a risk-averse strategy that reduces variance in fecundity induced by envi-
167 ronmental fluctuations. In the case of microbes, frequent fluctuations in the

168 environment have been observed to select for *Vibrio cholerae* cells that are flex-
169 ible strategists in the sense that they can switch between forming biofilms and
170 living as free-swimming cells (Yan et al., 2017). Population bottlenecks in mi-
171 crobes are often caused by environmental disturbances, such as predation and
172 antibiotic treatments. As a result, population bottlenecks illustrate a partic-
173 ular process through which environmental disturbances can alter the level of
174 cooperation between organisms.³

175 Understanding how microbial aggregates respond to bottlenecks could help
176 explain the early stages in the evolution of multicellularity (Libby and Rainey,
177 2013; van Gestel and Tarnita, 2017; Ratcliff et al., 2017). The initial evolution
178 of multicellularity had to overcome a social challenge: multicellular individuals,
179 including multicellular organisms and microbial aggregates, could only evolve if
180 they were capable of suppressing the selfish interests of their cells. As the evolu-
181 tion of cancer illustrates, the reproductive interests of multicellular individuals
182 and their cells do not have to always align with each other. Still, the evolution of
183 multicellularity requires the presence of mechanisms that can limit the amount
184 of genetic conflict within multicellular individuals (Rainey and De Monte, 2014).

185 Although multicellularity evolved more than 20 times from unicellular ances-
186 tors, the life cycle of multiple examples of multicellularity contain a single-cell
187 bottleneck (Grosberg and Strathmann, 1998). The ubiquity of one-cell stages
188 is striking because this particular type of life cycle is especially vulnerable to
189 disturbances, such as predation and environmental fluctuations. Upon closer in-
190 spection, however, the persistence of unicellular stages is expected since single-
191 cell bottlenecks can reduce the chance of conflict within individuals by increasing
192 the genetic relatedness among their cells (Maynard Smith and Szathmary, 1995;
193 Godfrey-Smith, 2009). In other words, single-cell bottlenecks cause the repro-
194 ductive interests of an individual and its cells to align with each other because
195 most cells in the individual share the same genes. But how did unicellular stages
196 first evolve?

197 Studying the effect of bottlenecks on multicellular aggregates provides some
198 clues of the initial evolution of single-cell stages. In particular, Pichugin et al.
199 (2017) have recently proposed a model to study the adaptive value of different
200 ways groups may fragment into smaller groups, including division into equal
201 size groups and single-cell bottlenecks. The study indicated that groups of

³In the case of environmental fluctuations that involve bottleneck events, bet-hedging might evolve more easily because bottlenecks can reduce competition between genetically related cells (Libby and Rainey, 2011; Beaumont et al., 2009).

202 cells that undergo single-cell bottlenecks maximize population growth when the
203 benefits associated with group living only manifest when the group is sufficiently
204 large. In their view, “when there is little gain until group size is large, it makes
205 sense to maintain one group that reaps this advantage” (Pichugin et al., 2017,
206 p. 15). In a related study, Ratcliff et al. (2013) used the unicellular green
207 alga *Chlamydomonas reinhardtii* to investigate the initial evolution of single-
208 cell bottlenecks. The authors reported the *de novo* evolution of multicellular
209 clusters with a unicellular stage after subjecting *C. reinhardtii* populations to
210 conditions that favor the evolution of multicellularity. One of the main results
211 of this study was that unicellular bottlenecks conferred fitness benefits even in
212 the absence of conflict among *C. reinhardtii* cells. Accordingly, the studies by
213 Pichugin et al. (2017) and Ratcliff et al. (2013) suggest that unicellular stages
214 might have initially evolved because of their selective advantage. The current
215 ability of single-cell bottlenecks to limit genetic conflict would have been a by-
216 product of selection at the cellular level.

217 Undergoing unicellular bottlenecks is not the only way individuals can avert
218 the risk of subversion from within. In some animals and algae, the evolution of
219 germ-soma specialization is also responsible for reducing genetic conflict among
220 cells (Buss, 1987; Hanschen et al., 2017). Population bottlenecks could have
221 facilitated the evolution of sterile soma cells if, as proposed by Nedelcu and
222 Michod (2006), adaptive responses to stress were co-opted in the multicellular
223 state to produce sterile soma cells. Overall reproductive success can involve
224 a trade-off between two components of fitness: survival and reproduction. At
225 first, stress due to population bottlenecks would have reorganized fitness at the
226 collective level by taking resources away from reproduction and allocating them
227 to survival (Michod and Nedelcu, 2003; Michod, 2005). For example, if cells
228 need to live in dense cell aggregates in order to survive certain harsh condi-
229 tions, selection might favor cells that sacrifice their own growth rate to help the
230 collective—e.g., by producing a public good—in order to ensure the aggregate
231 will not break apart (Archetti, 2009a). The evolved adaptations that initially
232 allowed cells to cope with stress would later be co-opted to create soma cells
233 specialized in survival instead of reproduction (Grochau-Wright et al., 2017).
234 Accordingly, the traits that led to the evolution of soma cells could have been
235 ‘exaptations’ (Gould and Vrba, 1982) that initially evolved to cope with the
236 stress posed by population bottlenecks.⁴

⁴One related issue is the question of how natural selection should be conceptualized in order to capture cases of social groups in which parent-offspring relations are poorly defined.

237 The spatial structure of mature biofilms can be affected by the density of
238 their founding populations. Specifically, experimental and theoretical evidence
239 suggests that producer cells tend to segregate from non-producer cells when
240 the cell density of the founding population is low, but not when it is high (van
241 Gestel et al., 2014; Kreft, 2004). Producer cells are more likely to persist when
242 they are spatially segregated from non-producer cells since spatial segregation
243 reduces the chance of non-producer cells free-riding on producer cells (Nadell
244 et al., 2010). The level of segregation depends on the cell density of the found-
245 ing population possibly because cooperators cannot push away non-cooperators
246 through cell division if there are too many cells. That is, when population
247 density is sufficiently high, cell division is more likely to cause cell lineages to
248 merge with each other (van Gestel et al., 2014; Persat et al., 2015). In this way,
249 population bottlenecks could restrain free-riding in mature biofilms by giving
250 cooperators the upper hand at the onset of biofilm formation.

251 A better understanding of how microbial aggregates respond to bottlenecks
252 impacts key issues in evolutionary biology. This section focused on three issues:
253 the role of disturbance events in the formation of social groups, the evolution of
254 life-cycles, and the spatial structure of microbial colonies. Other issues include
255 the role of feedback loops between ecological and evolutionary dynamics (Post
256 and Palkovacs, 2009), and the high-variability of genes controlling social traits
257 (Greig and Travisano, 2004). One of the take-home messages of this paper is that
258 the effect of bottlenecks on social evolution is complex in that bottlenecks can
259 favor producers under certain circumstances but not in others. The next section
260 motivates the hypothesis that this might occur because of how bottlenecks alter
261 the risk of being a producer in a microbial aggregate.

262 **3 Social dynamics in a nonlinear world**

263 One way of modeling collective benefit is to view it as increasing linearly with
264 the number of producers (as in the N-person prisoner’s dilemma). In this type of
265 model, doubling the number of producers would generate twice as much collec-
266 tive benefit. However, the collective benefit generated by public good production
267 in microbes is often a nonlinear function of the number of producers (Damore
268 and Gore, 2012; Hauert et al., 2006). When the concentration of a public good is
269 sufficiently high, further increasing its concentration may not produce as much

For further details on this issue, see De Monte and Rainey (2014); Ereshefsky and Pedroso (2015, 2013); Griesemer (2016).

270 benefit due to diminishing returns (Foster, 2004). Moreover, certain collective
271 benefits, such as protection against predators, require the aggregation of a critical
272 number of cells to manifest (Matz and Kjelleberg, 2005). Accordingly, it
273 is not surprising that public good production in microbes is often regulated by
274 quorum sensing mechanisms which allow cells to switch their behaviors on and
275 off based on population density (Parsek and Greenberg, 2005).

276 Different authors have suggested that the type of non-linearity associated
277 with a public good is key for understanding how population bottlenecks affect
278 the social dynamics within a cell aggregate. For instance, when *P. fluorescens*
279 biofilms were subjected to frequent bottlenecks, the frequency of cooperators
280 decreased relative to intermediate disturbance frequency, and most free-riders
281 started to inhabit the broth phase outside of the biofilm. It was suggested that
282 this most likely occurred because building a biofilm is only cost-effective when
283 there are enough cells to “anchor the biofilm in place” in the air-broth interface
284 (Brockhurst et al., 2007). That is, frequent bottlenecks kept the population
285 density below the threshold required for cooperation to be cost-effective. A
286 related situation occurs with invertase production in yeast. Invertase producers
287 are favored when producers are rare in the population (Greig and Travisano,
288 2004). When the number of producers is below a certain level, nonetheless,
289 there is not enough invertase in the medium to efficiently digest the existing
290 sucrose, which causes both producers and non-producers to grow more slowly
291 (Gore et al., 2009). As a result, if the initial population density is sufficiently
292 low, subjecting such a population to daily bottlenecks can drive it to extinction,
293 even when every cell in the population is a producer (Sanchez and Gore, 2013).⁵
294 In other words, invertase producers can be favored at low-density regimes, but
295 the population needs to be above a certain size and contain enough invertase
296 producers to be able to survive seasonal population bottlenecks.

297 Laboratory experiments thus suggest that the impact of population bottle-
298 neck on microbial aggregates is partly due to the nonlinear benefit conferred
299 by public goods. Accordingly, it would be instructive to have a model showing
300 how nonlinear benefits affect the frequency of producers after bottleneck events.
301 The Stag Hunt game provides an intuitive model of how nonlinear benefits affect
302 social evolution (Skyrms, 2004). According to the original story that this game
303 is based on, each hunter can either hunt a stag or a hare. Stags provide a higher
304 payoff than hares. But there is a catch: no one can successfully hunt a stag

⁵The population bottlenecks in this study were daily cycles of dilution with a 667× dilution factor.

305 alone. Consequently, if you decide to hunt a stag but someone else decides to
306 hunt a hare, you end up with nothing. Alternatively, you might opt for hunting
307 a hare, which is risk-free but yields a smaller payoff than a stag. In this game,
308 hunting a stag can be viewed as a case of cooperation whereas hunting a hare
309 as a case of defection. In the Stag Hunt game, if an individual is likely to inter-
310 act with defectors, the best strategy is to defect. Thus, the chance of meeting
311 another cooperator has to be higher than a certain threshold for cooperators to
312 become fully established in the population.

313 The Stag Hunt game represents cases in which multiple individuals need to
314 cooperate to produce a collective benefit. However, the original formulation of
315 the Stag Hunt game is too stringent in that the presence of a single defector is
316 sufficient to block the production of the collective benefit (Skyrms, 2004). How-
317 ever, public good production in microbes is often redundant in the sense that
318 not every cell needs to be a producer to generate a group benefit. A bacterial
319 biofilm can hold up even when some of its inhabitants are free-riders and do not
320 contribute to its construction (Rainey and Rainey, 2003; Vlamakis et al., 2008).
321 In yeast, about 99% of the digested sugars generated from invertase production
322 dissipates away from the producer cells, which suggests that not every cell needs
323 to produce invertase in order to support the population (Gore et al., 2009). In
324 fact, under realistic conditions, the maximal collective benefit generated by in-
325 vertase production occurred when only a portion of the population contained
326 producers (MacLean et al., 2010).

327 A way of adjusting the Stag Hunt game to better handle public good pro-
328 duction by microbes is to assume that only a proper subset of the interacting
329 cells needs to cooperate in order to generate the collective benefit. This type
330 of dynamics leads to the well-known Volunteer’s Dilemma from game theory
331 (Diekmann, 1985). A familiar example of this dilemma is the ‘bystander effect.’
332 In this example, a group of people witnesses an accident and, although a group
333 benefit is produced if some people volunteer to help the victim (e.g., relief of
334 conscience), helping the victim is costly which incentivizes everyone to free-ride
335 and hope that others will do it.

336 The bystander effect is an example of the Volunteer’s Dilemma in which the
337 actors are humans endowed with sophisticated cognitive skills. Nevertheless, as
338 Archetti (2009a) observes, the Volunteer’s Dilemma is general enough to apply
339 to public good production in microbes.⁶ In particular, in a microbial aggregate,

⁶In the original formulation of the Volunteer’s Dilemma by Diekmann (1985), only one individual was required to volunteer to produce the collective good. Archetti (2009a) gener-

340 not every cell needs to produce the public good to obtain the collective benefit
341 (e.g., protection against antibiotics); however, if not enough cells produce the
342 public good, all cells in the aggregate end up worse off (e.g., they become more
343 susceptible to antibiotics). Similar to the bystander effect, it is better for a cell
344 if other cells volunteer, but not if there are not enough volunteers to generate
345 the group benefit.

346 Despite being a fairly abstract concept, the Volunteer’s Dilemma provides
347 a minimal model for explaining how population bottlenecks affect the level of
348 cooperation within microbial aggregates.⁷ When the size of an aggregate de-
349 creases because of a bottleneck, cooperators can be favored because not as many
350 cells can afford to free-ride on other cells without causing the aggregate to break
351 apart. However, if the reduction in the aggregate size is too extreme, cells have
352 an incentive to free-ride because living in a multicellular aggregate is no longer
353 beneficial since there are not enough cells to generate the public benefit. For
354 instance, as suggested by Brockhurst et al. (2007), the frequency of produc-
355 ers peaked at intermediate disturbance probably because frequent bottlenecks
356 kept the population density below the threshold required to produce the collec-
357 tive benefit, whereas infrequent bottlenecks allowed the population density to
358 surpass such a threshold.⁸ In this way, the Volunteer’s Dilemma provides an
359 intuitive model of how bottlenecks can favor cooperation under certain circum-
360 stances but not in others.⁹

alizes Diekmann’s game to allow for cases in which more than one volunteer is necessary to generate the collective benefit.

⁷One might worry that that the Volunteer’s Dilemma is too simplistic because the collective benefit is modeled as a step function. However, as Archetti and Scheuring (2011) show, using an “S”-shaped function instead of a step function makes little difference in the qualitative behavior of the game.

⁸In fact, this way of explaining the effect of population bottlenecks on *P. fluorescens* biofilms is akin to the mathematical model proposed in Brockhurst et al. (2007). As in the Volunteer’s Dilemma, their formal model assumes that the number of producers have to reach a critical value before building a biofilm becomes worthwhile. For further details, see ‘Supplemental Data’ of Brockhurst et al. (2007). Similar remarks apply to the mathematical model used to describe the effect of bottlenecks on yeast populations (Sanchez and Gore, 2013, Text S1).

⁹One of the reviewers asked why this article does not use the Snowdrift game as opposed to the Volunteer’s Dilemma game for modeling public good production in microbes. There are a couple of reasons. One of the limitations of the Snowdrift game is that this game is typically formulated as a two-player game. However, public good production in microbial aggregates involves the interaction of multiple cells and, for this reason, an n -player game such as the Volunteer’s Dilemma is preferable. Furthermore, the dynamics of the Volunteer’s Dilemma game better matches the experimental results of public good production in microbes than the Snowdrift game. For example, the Snowdrift game predicts that the lower the proportion of cooperators in the population, the higher the payoff for being a cooperator. In contrast, the Volunteer’s Dilemma accommodates the fact that the benefit generated by public production, such as protection against predators, may require the presence of more than one cooperator

361 One of the main predictions of the Volunteer’s Dilemma is that coopera-
362 tors and free-riders can coexist stably in the population (Pacheco et al., 2009;
363 Archetti, 2009b,a; Bach et al., 2006). This occurs because every cell pays a cost
364 higher than that of volunteering if not enough cells volunteer. Without knowing
365 what other cells will do, the best strategy for a cell is to volunteer with a certain
366 probability (Archetti, 2009a). This prediction is consistent with the observation
367 that biofilms and other microbial groups are often composed of both coopera-
368 tors and free-riders (Nadell et al., 2009; Rendueles and Ghigo, 2012; Elias and
369 Banin, 2012; Sanchez and Gore, 2013). Accordingly, the Volunteer’s Dilemma
370 describes a mechanism that could constrain the evolution of free-riders that
371 does not appeal to genetic relatedness, which challenges the commonly held as-
372 sumption that costly cooperation in microbes requires sufficiently high genetic
373 relatedness to evolve (Archetti and Scheuring, 2012). The Volunteer’s Dilemma
374 thus illustrates an alternate evolutionary mechanism for the evolution of costly
375 cooperation that could operate in tandem with gene selection (Archetti, 2009a).

376 Under the Volunteer’s Dilemma, the incentive for volunteering depends on
377 the threshold of volunteers required to produce the collective benefit. All other
378 things being equal, the higher the threshold, the higher the incentive to volun-
379 teer. Experiments involving invertase production by yeast suggest that popu-
380 lation bottlenecks can increase the threshold of volunteers required to support
381 a group because the resilience of a group to bottleneck events depends on the
382 proportion of cooperators in the group. Specifically, Sanchez and Gore (2013)
383 observed that, when yeast populations were subjected to an extremely narrow
384 bottleneck ($32,000\times$ dilution factor), pure populations of cooperators survived
385 but not populations that contained a mix of cooperators and free-riders. This
386 suggests that a group might need a higher proportion of producers in order
387 to properly cope with severe bottlenecks. Accordingly, population bottlenecks
388 might foster cooperation by increasing the threshold of volunteers required to
389 generate the collective benefit.

390 In brief, laboratory experiments show that the effect of bottlenecks on mi-
391 crobial aggregates depends on the size of the aggregate and the frequency of pro-
392 ducers. The Volunteer’s Dilemma provides a minimal model to articulate how
393 bottlenecks could affect public good production in microbial groups (Archetti,
394 2009a; Archetti and Scheuring, 2012). Cells in a collective would be better off
395 to free-ride on the benefit produced by other cells but, if enough cells fail to vol-
to manifest.

396 unteer, the collective benefit is not produced and every cell ends up in a worse
397 position. Nonetheless, it should be noted that the Volunteer’s Dilemma leaves
398 out some factors that are probably relevant for how bottlenecks affect microbial
399 groups, such as the chance that producers will mutate into free-riders. Yet, the
400 Volunteer’s Dilemma provides theoretical support for the hypothesis that the
401 non-linearity associated to a public good could be one of the factors that causes
402 bottlenecks to favor cooperators under certain conditions.

403 4 Conclusion

404 The persistence of costly cooperation requires the presence of a mechanism that
405 diminishes the advantages of free-riding. Some of these mechanisms assume that
406 individuals have the ability to police and suppress free-riders (Sachs et al., 2004).
407 For instance, free-riding can be disfavored if individuals can punish others that
408 fail to reciprocate (Trivers, 1971), or when free-riders tarnish their reputation
409 in the community (Nowak and Sigmund, 1998). With population bottlenecks,
410 it is as if extrinsic ecological factors partly carry the burden of suppressing free-
411 riders—as opposed to the members of a multicellular aggregate—by creating
412 conditions in which free-riders are selected against. Accordingly, population
413 bottlenecks illustrate how cooperators might persist in microbial collectives de-
414 spite lacking certain cognitive skills, such as memory.

415 However, bottlenecks do not always foster cooperation. Laboratory experi-
416 ments indicate that bottlenecks can also make free-riding more likely. Different
417 authors have suggested that this is partly because the collective benefit gener-
418 ated by public good production, such as the sticky matrix in *P. fluorescens*
419 biofilms, depends on the number of cells present (Brockhurst et al., 2007). The
420 concept of the Volunteer’s Dilemma provides one way of formalizing this ar-
421 gument. According to the Volunteer’s Dilemma, when cells associate with a
422 multicellular aggregate that is highly beneficial for them, the smaller the size
423 of the aggregate, the higher the incentive for the cells to volunteer, *unless* the
424 number of cells is below the threshold necessary to produce the collective bene-
425 fit. In other words, population bottlenecks can foster cooperation or free-riding
426 by altering the probability that the cells within an aggregate will volunteer.

427 Biofilms and other microbial communities are often a mix of cooperators and
428 free-riders (Elias and Banin, 2012; Rendueles and Ghigo, 2012). This suggests
429 that a more pertinent question to ask is not whether cooperating or free-riding

430 is the dominant strategy, but how cooperators and free-riders can coexist stably
431 within microbial aggregates. The role of population bottlenecks in microbial
432 social evolution suggests that the microbial lifestyle constantly alternates be-
433 tween selective regimes that favor cooperators and free-riders. For example,
434 although population bottlenecks might initially favor producers, free-riders can
435 eventually get the upper hand once the collective becomes large enough (Rainey
436 and Rainey, 2003; Brockhurst, 2007). Accordingly, it is not surprising that gene
437 expression in biofilms depends on population density (Parsek and Greenberg,
438 2005), that invertase expression in yeast is repressed at higher concentrations
439 of glucose (Gore et al., 2009), and that genes coding for social traits are highly
440 polymorphic (Greig and Travisano, 2004). In agreement with these experiments,
441 the Volunteer’s Dilemma offers a way of understanding social conflicts in mi-
442 crobrial aggregates in which neither cooperating nor free-riding is the dominant
443 strategy.

444 **Conflict of interest**

445 The author has no conflict of interest to declare.

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